



CONTRAINDICATIONS TO MASSAGE*
(when massage is not recommended)

My first concern is always for the health, safety and happiness of your pet. Therefore, I ask that you read carefully this List of Contraindications (reasons not to massage):

Contraindication	Reason Not to Massage
Acute arthritis	*
Over broken bones that are not fully healed	Consult with your Veterinarian to find out when it is alright to start work over the healing bone.
Cancer	<p>Cancer that is metastasizing or encapsulated in a tumor. Metastasizing cancer moves through the blood and lymphatic pathways and you could spread the cancer more quickly through system. If a cancerous tumor is present and you massage over the tumor or close to it, you can spread the cancer to the surrounding area.</p> <p>Light healing touch can be done for dogs who are in a terminal state of cancer and need loving touch and kindness to ease the way.</p> <p>Anytime you feel a hard lump on your animal companion check with your veterinarian to make sure it is not a tumor. Lipomas which are fatty cysts are common in some breeds. A lipoma is generally soft and will move around in the tissue. If you are in doubt, check with a veterinarian.</p>
Cardiovascular in general	*
Colitis	*
Diabetes	*Get permission from your Veterinarian
Diarrhea	*
Extreme fatigue	If your animal is extremely fatigued, there may be some undiagnosed degenerative disease. Take your animal companion to the veterinarian to find out why your animal is so fatigued, especially if this condition lasts more than one day.

Live by this rule: If in doubt, contact your veterinarian.

info@tranquilpet.com 310.370.9241 www.tranquilpet.com
Mailing Address Only: 4733 Torrance Blvd., Suite 186, Torrance, CA 90503

*TranquilPET does **not** diagnose or treat injuries, illness or disease, nor does Jean Brusavich prescribe medical treatment, pharmaceuticals, or perform spinal thrust manipulations. All holistic modalities offered are not substitutes for proper veterinary care. Where pets are under a vet’s care, written veterinarian approval is required.*

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Contraindication	Reason Not to Massage
Fungal infections of the skin	*
Healing post-surgical scar or ligature	Do not massage on or near a healing post-surgical scar or ligature until you get approval from the surgeon and only do light massage near the area until it is fully healed and you have permission from the surgeon to do deeper massage to break down the scar tissue.
Hernias	*
Hip dysplasia	Stay away from stretching the hind limbs in this condition and only do light work in the hip area. The bone is degenerating in this condition and you can hurt the animal easily when this condition is present. Consult with your veterinarian to get advice on how to help your animal companion through nutrition, acupuncture, and, possibly warm water swimming. Do not over exercise your animal companion if they have this condition.
Infectious diseases	Consult with your Veterinarian if you are in doubt about whether your canine companion has an infectious disease or not.
Mange	*
Medications	If your animal companion is taking medications, call your veterinarian and check to see if massage could cause an adverse effect while on the medication.
Nausea/Vomiting	*
Neuropathy	Neuropathy is any disease of the nerves.
Open lesions	Stay away from direct contact with lesions you can spread disease into any open lesion or wound.

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Contraindication	Reason Not to Massage
Over plates, pins or bars	Over plates, pins or bars that have been put in by a surgeon after an injury.
Pain medications	Pain meds can mask your touch and your pet may not give you a true indication of how the touch/massage feels. You may be doing more harm than good. You may, in fact, be hurting them.
Pleuritis	*
Post-operative precautions	<i>Do not massage</i> on or near a healing post surgical scar or ligature until you get approval from the surgeon and only do light massage near the area until it is fully healed and you have permission from the surgeon to do deeper massage to break down the scar tissue. PLEASE NOTE: In this workshop, you will not learn how to break down scar tissue. This should only be done by a Certified Small Animal Massage Therapist.
Pregnancy	*
Psychotic Behavior	If your animal displays psychotic behavior and or is not normally aggressive, have a veterinary psychologist examine and treat your friend.
Ringworm	*
Senior dogs	Special care and precautions apply here. Get permission and advice from your Veterinarian before massaging your senior canine companion.
Shock	If your animal companion is in shock don't massage them. Take them to the veterinarian immediately.
Sprains	A sprain is trauma to ligaments that causes pain and disability depending on the degree of injury to the ligaments. In severe sprain, ligaments may be

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	<p>completely torn.</p> <p>The symptoms of sprain are pain which may be accompanied by heat, discoloration, and localized swelling in the affected area. If your animal friend is limping badly and has the preceding signs, please get them to the veterinarian immediately.</p> <p>Massage may be applied when the sprain has turned into a chronic condition and the veterinarian has approved light massage and stretching to help the recovery process.</p> <p>PLEASE NOTE: If this particular incident is current in your pet, this type of massage should be done by a Certified Small Animal Massage Therapist.</p>
Strains	<p>A strain is trauma to the muscle or the musculotendinous unit from violent contraction or excessive forcible stretch. Do not massage or stretch the muscle when it is strained. Check with a veterinarian to find out whether your injured animal companion has a sprained ligament or strained muscle. Ask the veterinarian when you might be able to start massage on the strained muscle.</p>
Surgically limited range of motion	<p>If the surgeon has limited the range of motion of a joint after and injury -- do not try to stretch the joint pass the limit that has been placed on it.</p>
Temperature of 104 degree or higher	<p>If your animal companion has a temperature over 104 degrees or higher. Immediately take your animal to the veterinarian if your animal has this elevated of a temperature.</p>
*If your veterinarian says NO	<p>Always, always, always listen to your veterinarian</p> <p>*If your pet is under veterinarian care</p>
If your pet says NO	<p>Your pet is your best guide</p>

You must sign and return separate Contraindication acknowledgment.

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